

“We have a helper – the Holy Spirit”

Romans 8:1-30

In our struggle with sin and life in general we remember...

Right with God, there is now no condemnation for those who are “in Christ Jesus”.

Verses 1 to 13.

This is our standing before God.

The righteous requirements of God’s law have been fully met in us by Christ.

We now live according the Spirit not the flesh.

We are no longer God’s enemies deserving his wrath but his adopted children.

Verses 14 to 17.

No longer fearful of failing God.

But accepted and welcomed into our heavenly Father’s family.

Sharing in the benefits Christ has received.

And we have a helper the Holy Spirit.

Verses 18 to 30

Who longs in us for glory.

Who intercedes for us and conforms us to God’s will.

And reminds us that God has always been, and always will be, working for our good.

A Bible Study – Romans 8:1-30

Pray: To begin with, pray. Ask God to teach you of Himself from his word.

Read: Romans 8:1 to 13

1. What is the Christian’s standing before God? (Answer verse 1) How would you put this in your own words?
2. Why and how? (Answer verses 2 to 4)
3. Despite our ongoing struggle with sin, have the righteous requirements of God’s law been fully met in us? By whom? (Answer verse 4)
4. The Christian no longer lives according to what, but to whom? (Answer verse 4)
 - i. What do you know of the Holy Spirit?
 - ii. What does “living according to the Spirit” look like and promise? (Answer verses 5 to 11)
 - iii. What are we obligated to do and what can we do to cooperate with the help of the Spirit? (Answer verses 12,13)

Read: Romans 8:14 to 17

5. What a change we have gone through. We are no longer enemies of God deserving God’s wrath, but his adopted children. What do we now have, and are promised, because of our new relationship with God?

Verses 18 to 30 speak of the help the Holy Spirit provides for us as we struggle with sin in particular and life in general.

Read Romans 8:18-30.

6. What are we waiting patiently for? What do you understand this to be and mean for us?
7. Is it normal and what to expect and OK for us to “groan”, long for, while we wait patiently? Why?
8. What help is given to us by the Holy Spirit? (Answer verses 26 and 27) Is this a reassurance and encouragement for you? Explain.
9. Why have we been subjected to this frustration by God? (Answer verses 20 and 21 and 28 to 30)

Conclude with prayer:

In preparation for next week’s Bible Study read ahead Romans 8:28-39

This Bible Study is such that it can be done on one’s own or with others in a Bible Study Group – even around the table at home. It’s designed to help you to remember the sermon, grow in your knowledge and love of God, appreciate your fellowship with other believers and to take your part in the life of the Church as followers of Jesus Christ.

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