

“How, when I am always struggling with sin?”

Romans 7:1-25

Right with God, we are now free to serve God in a new way

Verses 1 to 6

A new way of the Spirit not in the old way of the “written code”.

The old way is not necessary any more.

We belong to Christ.

But the old way is still helpful

Verse 7 to 25

The law reveals why we still sin.
 struggle with sin.
 unable to keep it
 die

It gives rise to why we need Christ.

That is why it’s not sinful nor the cause of why we die.
 - It’s holy, righteous and good - “spiritual”

However, the new way is honest, hopeful and holy

Verses 24 and 25

Honest about our struggle with sin.

Hopeful about God’s help and deliverance.

Holy in our desire to be more like Christ.

A Bible Study – Romans 7:1-25

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Pray: To begin with, pray. Ask God to teach you of Himself from his word.

Remind each other

Take a few minutes before you start to share what you remember from Chapter 6. What were the two questions Paul asked? (See verse 1 and 15) What was his answer and why? Seeing ourselves from God’s perspective “in Christ” how are we now to live? (Read Romans 6:11 to 14) Is this easy to do?

Read: Romans 7:1-6

Questions:

1. What do you understand Paul to mean by “you also died to the law through the body of Christ”? (Look ahead to Chapter 8:1-4)
2. What has this freed us up to do?

Read: Romans 7:7-13

3. What questions does Paul ask in verses 7 and 13? What is his answer and reasoning?
4. Why is the law “holy, and the commandment is holy, righteous and good”? (Think about the role and purpose of the law in God revealing how he has made us right with himself – consider also 5:20,21 and 8:1-4 again)

Note: Verses 7b to 12 are useful in understanding Genesis Chapter 2:4 to Chapter 3. You may like to set aside another time to think on that.

Read Romans 7:14-25

5. From his personal experience as a Christian what reason does Paul give for our struggle with sin? Is this true for you?
6. What is Paul asking for in verse 24? (See also 8:18-21) What is his answer and resolution verse 25. Is this your assurance, resolution and longing?

Conclude with prayer:

In preparation for next week’s Bible Study read ahead Romans 8:1-27

This Bible Study is such that it can be done on one’s own or with others in a Bible Study Group - even around the table at home. It’s designed to help you to remember the sermon, grow in your knowledge and love of God, appreciate your fellowship with other believers and to take your part in the life of the Church as followers of Jesus Christ.

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