

Sermon Notes

A few things I need to remember from hearing today's Bible Teaching.

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Lead us not into temptation,
but deliver us from evil.
For the kingdom,
the power and the glory are yours,
now and for ever. Amen.

Bible Reading 1 Corinthians 10:1-13

¹ For I do not want you to be ignorant of the fact, brothers and sisters, that our ancestors were all under the cloud and that they all

passed through the sea. ² They were all baptized into Moses in the cloud and in the sea. ³ They all ate the same spiritual food ⁴ and drank the same spiritual drink; for they drank from the spiritual rock that accompanied them, and that rock was Christ. ⁵ Nevertheless, God was not pleased with most of them; their bodies were scattered in the wilderness.

⁶ Now these things occurred as examples to keep us from setting our hearts on evil things as they did. ⁷ Do not be idolaters, as some of them were; as it is written: "The people sat down to eat and drink and got up to indulge in revelry."^[a] ⁸ We should not commit sexual immorality, as some of them did—and in one day twenty-three thousand of them died. ⁹ We should not test Christ,^[b] as some of them did—and were killed by snakes. ¹⁰ And do not grumble, as some of them did—and were killed by the destroying angel.

¹¹ These things happened to them as examples and were written down as warnings for us, on whom the culmination of the ages has come. ¹² So, if you think you are standing firm, be careful that you don't fall! ¹³ No temptation^[c] has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted^[d] beyond what you can bear. But when you are

tempted,^[e] he will also provide a way out so that you can endure it. (NIV)

- a. verse 7 See Exodus 32:6
- b. verse 7. Some manuscripts say *test the Lord*.
- c.d.e. verse 13 for *temptation* and *tempted* can also mean *testing* and *tested*

A prayer before the reading and studying of the Bible.

Almighty God and loving heavenly Father, guide me and teach me of yourself from your Word. Help me and others to see the wisdom and value to life of living it according to what we read and learn from it; through Jesus Christ your Son our Lord, who lives with you in unity with the Holy Spirit, one God forever and ever. Amen.

A few Bible Study Questions

1. Read verses 1 to 5. Despite being God's people, led by God and by his chosen rescuer Moses, saved from slavery in Egypt, delivered safely through the sea into the desert to the Promised Land, provided with food and water along the way, how did God feel towards most of them?

Why and for what reason?
Read now verses 6 to 11.

2. Read now verse 12. What warning is given to us the Church?
3. Read now verses 13. What help is promised by God?

In your own words, explain what "temptation" is.

Have a read of the following Bible verses about temptation. What do you learn from them?

Luke 4:1-2

Hebrews 4:14-16

James 1:13-14

1 Thessalonians 3:5

Galatians 6:1

Luke 22:40-46

4. When we pray "Lead us not into temptation" we are not asking God "do not *cause us* to succumb to temptation", but rather "*cause us not to succumb to temptation*".

How has God helped you when you have faced temptation? How has he provided a "way out"? i.e. Caused you not to succumb to temptation. What have you found yourself doing or others doing for you?

5. Why would Jesus ask us to pray "Lead **us** not into temptation? Why "us"?

Conclude your time with God in his Word with a prayer. As you do, be mindful of what you have learnt.